

## Route planner

### 1. From Buenavista to El Palmar

**Distance:** 6.2 km **Approx. time needed:** 15 minutes

**Estimated time for visit to the historical town centre of Buenavista del Norte:**  
30 minutes

**Estimated time for visit to El Palmar:** 30 minutes

The main road from Icod, the TF-42, takes you to the centre of the town of Buenavista del Norte. On the first stop you will visit its historical town centre, starting your walk in the square at the church of Nuestra Señora de los Remedios. To reach the church square, you need to continue along the TF-42. You will come to a roundabout and take the second exit. Continue straight ahead and without turning off, continue along Alhóndiga Street. The church square is at the end of the street. Once you have finished your walk around the historical town centre of Buenavista del Norte, you can head towards the El Aderno winery. After passing the petrol station at the entrance to the town, you are on Juan Mendez el Viejo street which takes you to the junction with the TF-436, the main road from Buenavista to Santiago del Teide. If you follow this road towards Masca, you will find, right after a bend after about 3.5 kms, a turn-off on the right-hand side that takes you to the EL Aderno winery, situated just over a hundred metres off the road.

### 2. From El Palmar to the Los Pedregales Visitor Centre

**Distance:** 900 m **Approx. time needed:** 3 minutes

**Estimated time for visit:** 45 minutes

The next stop on the tour takes you to visit the Los Pedregales Visitor Centre located at the farm of the same name. To get there, leave El Palmar via the TF-436. After a few metres you will see a sign indicating the direction for Teno Alto and Los Pedregales. Turn right and your destination is only 150 m further on.



**Estimated distance:**

17.4 km

**Estimated time overall:**

4 hours, 22 minutes

**Estimated time for car travel:**

37 minutes

**Stops:**

- Historical Centre of Buenavista del Norte
- Village of El Palmar
- Los Pedregales Visitor Centre
- Altos de Baracán (viewpoint)
- Village of Los Carrizales
- Cruz de Hilda viewpoint
- Village of Masca

**Other points of interest:**

- Mercadillo del Agricultor de Teno (Teno farmer's market)
- Teno Alto
- Historical town centre of Garachico

**Where to eat:**

- Restaurante El Pescador
- Restaurante La Cabaña
- Restaurante Ribamar

## **Route planner**

### **3. From Los Pedregales Visitor Centre to the Altos de Baracán viewpoint**

**Distance:** 6.5 km

**Approx. time needed:** 10 minutes

**Estimated time for visit:** 15 minutes

From the village of El Palmar, the same main TF-436 takes you to the Altos de Baracán viewpoint. From La Cruz Street where you have parked, you should drive roughly 600 m to the second junction on the right, which you need to take in order to join the main road. Passing through the small hamlets of Las Lagunetas and Las Portelas, you will find the viewpoint up ahead.

### **4. From the Altos de Baracán viewpoint to the village of Los Carrizales**

**Distance:** 1.8 km

**Approx. time needed:** 5 minutes

**Estimated time for visit:** 15 minutes

To reach the village of El Palmar you need to return to the Buenavista-Santiago del Teide road, the TF-436, which leads you into the Protected Natural Area of the Teno Rural Park, and continue in the same direction. The road runs among cultivated land, scattered houses and an important stand of Canary palm trees. Arriving at the village, on the left-hand side you will find a wide street leading into the village, La Cruz Street, where you can park.

### **5. From Los Carrizales to the Cruz de Hilda viewpoint**

**Distance:** 1 km

**Approx. time needed:** 5 minutes

**Estimated time for visit:** 15 minutes

You continue along the same TF-436 in order to get from the viewpoint to the village of Los Carrizales, which is only 2 km away. A lay-by situated on the right side of the road gives you a panoramic view over the hamlet.

## **Route planner**

### **6. From the Cruz de Hilda viewpoint to the village of Masca**

**Distance:** 1 km **Approx. time needed:** 2 minutes

**Estimated time for visit:** 15 minutes

Continue along the TF-436 road in the same direction, towards Masca, for about a kilometre and a half, and on the right-hand side you will find the path into the village. In Masca you will be able to take in the typical rural architecture of the south of the Island and of a natural setting dominated by spectacular gorges and the native vegetation of the area.

## **Buenavista del Norte**

### **Vine growing, ethnography and nature**



#### **Start**

#### **Buenavista del Norte**

The proposed route starts at the town of Buenavista del Norte, declared a Site of Cultural Interest, and runs mostly through the Teno Rural Park, a natural area of outstanding beauty where traditional architecture integrates naturally into the landscape.

Buenavista del Norte is the most north-westerly municipality of the Island of Tenerife and is located in the district of Daute. It retains a very important historical heritage. La Isla Baja and the Teno massif are the areas in which the main urban areas making up the municipality lie: what is known as the Isla Baja, the main town centre itself, and in the Teno massif, the villages of El Palmar, Las Lagunetas, Las Portelas, Teno Alto, Los Carrizales and Masca.

The Teno Rural Park that extends as far as part of the neighbouring municipalities of Garachico, Los Silos and El Tanque, is one of Tenerife's most lovely natural country areas. Traditionally isolated due to its limited and difficult access, it possess a high ecological, scenic and cultural value. In the park, large areas of laurisilva survive, a type of forest formation composed of tree species belonging to the Lauraceae family, and many animal species. Indeed, the wealth of its bird life has led to the declaration of the area as a zone of special protection for birds.

#### **Geographic Coordinates:**

28°22'19.39"N, 16°51'5.31"W

#### **UTM Coordinates:**

28.372053, -16.851475

#### **Further information:**

[www.buenavistadelnorte.com](http://www.buenavistadelnorte.com)

**Stops**

**1. Historical Town Centre of Buenavista del Norte**

On the visit to the historical town centre of Buenavista del Norte you will discover a lovely little town with a rich heritage. Declared a Site of Cultural Interest, categorised as a collection of historical buildings, it includes prominent specimens of traditional Canarian architecture. The layout of its streets tells us of the Andalusian influence of its founders who settled in the area attracted by the cane sugar mill that was operated here.

A stroll through Buenavista del Norte leads you through streets brimming with history, examples of which are to be found in its buildings, its squares, etc. Among the places of greatest interest we should highlight the church of Nuestra Señora de los Remedios whose origins date from the beginning of the XVIth century and which has recently been rebuilt after the fire that destroyed it in 1996. This church is erected in the square with the same name around which the most characteristic institutions and houses stand. On the visit suggested, worthy of note is the Casa de la Viuda (the Widow's House), at present the cultural centre, from the XVIIIth century and which still retains its L-shaped floor plan, with a 4-pitched roof of Arab tiles. In the area known as Barranco de Triana, you will find a Recreational Area and the old public clothes washing place. Continuing your walk, you reach San Francisco (Saint Francis) Street where the ruins of the convent of San Francisco are located. Founded by popular demand, it was demolished in the XIXth century. From the outside, the arch and the hewn stone pediment can still be seen. Finally, you may admire the chapel of San Sebastián, constructed in the XVIth century and rebuilt in the XIXth C.



**Location:**

Main Road Icod de los Vinos-  
Buenavista del Norte, TF-42.  
Buenavista del Norte.

**Geographic Coordinates:**

28°22'19.39"N, 16°51'5.31"W

**UTM Coordinates:**

28.372053, -16.851475

**Further information:**

[www.buenavistadelnorte.com](http://www.buenavistadelnorte.com)

**Stops**



**2. Village of El Palmar**

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**Location:**

Road Buenavista-El Palmar.

**UTM Coordinates:**

28.344125, -16.845917

**Geographic Coordinates:**

28°20'38.85"N 16°50'45.30"W

## Buenavista del Norte

### Ethnography and nature

#### Stops

#### 3. Los Pedregales Visitor Centre

The next stop on the tour takes you to visit the Los Pedregales Visitor Centre located at the farm of the same name. To get there, leave El Palmar via the TF-436. After a few metres you will see a sign indicating the direction for Teno Alto and Los Pedregales. Turn right and your destination is only 150 m further on.



**Location:**

Finca Los Pedregales, El Palmar.  
Buenavista del Norte.

**Tel:** 922 447 974

**Opening:**

Monday - Tuesday: 8:00 - 15:00 h

Wednesday - Sunday: 10:00 - 16:00 h

Alternate weekends

**E-mail:** tenoparque@cabtfe.es

**UTM Coordinates:**

28.107644, - 16.594478

**Geographic Coordinates:**

28°20'31.10"N, 16°51'3.21"W

#### 4. Altos del Baracán viewpoint

The Altos de Baracán viewpoint, on the mountain tops of the Teno massif, offers you an excellent panoramic view of the El Palmar valley and its farming landscapes. The information panels at the viewpoint explain something of the local area.

At the head of the valley is situated the hamlet of Las Portelas, belonging to El Palmar.



**Location:**

Road to Las Portelas, Km marker 12.

**UTM Coordinates:**

28.327906, - 16.85625

**Geographic Coordinates:**

28°19'40.46"N, 16°51'22.50"W

## **Stops**

### **5. Village of Los Carrizales**

Los Carrizales is another small and picturesque village situated in this case on the south-facing slope of the Teno massif. The climate is warmer, although mild, and the vegetation less lush.

Here deep ravines scar the landscape, such as that of Masca, which reaches a depth of 500 m in places. In Los Carrizales, cut off from the rest of the Island by road until the 1970s, live a mere 20 inhabitants. This is where the exceptional onions of Los Carrizales are grown, a unique and highly prized variety.

### **6. Cruz de Hilda viewpoint**

From the Cruz de Hilda viewpoint you can enjoy an excellent panoramic view of the village of Masca set among its characteristic deep ravines.

The Masca ravine is one from the most spectacular on the whole Island. Hiking down it is particularly interesting and the path goes right down to the sea. Most of the scheduled excursions finish at the beach where a boat picks up the walkers to take them back to terra firme. Masca is actually made up of five small inhabited hamlets: La Vica and El Turrón on the north mountainsides; La Piedra where the square and the chapel are situated; el Lomo del Media comes next below La Piedra; and el Lomo de Masca, situated slightly further to the south.

- We recommend confirming the opening times of establishments

### **7. Village of Masca**

The village of Masca is situated within the Teno Rural Park, in the municipality of Buenavista del Norte, and is one of the best examples of traditional Canarian architecture.

The village of Masca has been declared a Site of Cultural Interest categorised as a Historical Artistic Quarter and owes its splendid state of preservation to the difficulty of reaching it for so long. The very oldest of its buildings is the house of the Aviculados, in the hamlet of La Piedra. Its small church, which dates from the XVIIIth century, is devoted to the Inmaculada Concepción.

The Masca Museum and Interpretation Centre allows visitors to learn about the main aspects of life in this picturesque settlement hidden away in Teno. The Museum contains an exhibition focusing on the wildlife and natural surroundings of the place and the Interpretation Centre provides an overview of the most valuable aspects of Masca's folk culture.



**Location:**

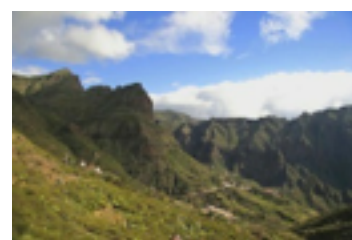
Road to Carrizal Alto.

**UTM Coordinates:**

28.3194, -16.856144

**Geographic Coordinates:**

28°19'9.84"N 16°51'22.12"W



**Location:**

Main road Buenavista del Norte - Santiago del Teide, TF-436, km marker 14.7.

**Opening times of the cafeteria at**

**Cruz de Hilda viewpoint:**

- Winter: from 10:00 to 18:00

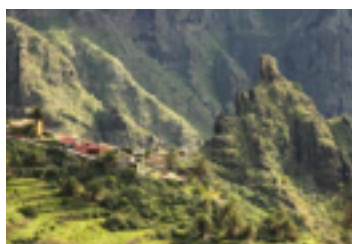
- Summer: from 10:00 to 18:00/19.00

**UTM Coordinates:**

28.312972,- 16.845653

**Geographic Coordinates:**

28°18'46.70"N, 16°50'44.35"W



**Location:**

Main road Buenavista del Norte - Santiago del Teide, via Masca, TF-436.

**UTM Coordinates:**

28.302564, -16.837653

**Geographic Coordinates:**

28°18'9.23"N 16°50'15.55"W



## **Other points of interest**

### **Mercadillo del Agricultor de Teno (Teno farmers' market)**

The Teno farmers' market, situated in the Finca Los Pedregales, offers local products that are grown and produced mainly in the Rural Park: honey, fresh vegetables, fruit, cheeses and cottage cheese, a wide variety of bread and rolls, and wine. The stalls are manned by the farmers themselves.

We recommend confirming the opening times of establishments

**Location:**

Finca de Los Pedregales. Access road to Teno Alto (Upper Teno).(TF- 436) km marker 6. Valley of El Palmar. Buenavista del Norte.

**Tel.:** 922 127 585

**E-mail:** aedl@buenavistadelnorte.com

**Opening times:**

Sundays from 10:00 to 13:30

**UTM Coordinates:**

28.342019,- 16.850456

**Geographic Coordinates:**

28°20'31.27"N, 16°51'1.64"W

**Further information:**

[www.mercadosdelagricultor.com](http://www.mercadosdelagricultor.com)

## **Teno Alto**

The hamlet of Teno Alto [Upper Teno] is located in the mountains of the same name, in the municipality of Buenavista, at an altitude of 750 m. Its location at one of the highest points of the Teno massif means it has one of the best views over the Isla Baja, the coastal area around Buenavista and Los Silos.

It was not connected by road until 1972, and its inhabitants have preserved deeply-rooted, ancient customs and traditions, such as the famous Piñata dance, traditionally celebrated on Shrove Tuesday, though nowadays the dance takes place on the last Saturday of Carnival.

The village retains magnificent examples of typical rural architecture and elements of great heritage value, among them threshing yards, tile kilns, water cisterns, etc.

Its main economic activities are agriculture and livestock. Its cereal crops gave it the name: the "larder of Buenavista". Without doubt, one of the best known products from Teno Alto is the goat's cheese.

The area is criss-crossed by a great many trails.

**Location:**

Teno Alto, Buenavista del Norte.

**UTM Coordinates:**

28.343272, - 16.876461

**Geographic Coordinates:**

28°20'35.78"N,  
16°52'35.26"W

## **Other points of interest**

### **Historical Town Centre of Garachico**

The town and port of Garachico was founded by the Genovese banker, Cristóbal de Ponte, in the XVth century. During the XVIth and XVIIth centuries, Garachico was the commercial capital of Tenerife until 1706 when the eruption of the Trevejo volcano buried its vital harbour beneath the lava. From that time on, the traders began to use the dock at Puerto de la Cruz, relegating Garachico to a fishing harbour. The lava flows which reached as far as the sea resulted in an extension of the municipal area and gave the town the swimming-pools and rock pools known as El Caletón.

Ambling through the streets allows visitors to enjoy its churches and convents, admire its art treasures and see the magnificent examples of traditional Canarian architecture, distinguished by many stately homes and other buildings from another age.

**Location:**

Main road from Icod de los Vinos to Buenavista del Norte, TF-42. Km marker 5. Garachico.

**UTM Coordinates:**

28.373811, -16.764586

**Geographic Coordinates:**

28°22'25.72"N 16°45'52.51"W

**Further information:**

[www.garachico.es](http://www.garachico.es)

## Where to eat

### Restaurante El Pescador

As might be expected, the speciality of the "The Fisherman's Restaurant" are fish dishes, although they also serve other tasty dishes of popular Canarian cuisine.

Establishment chosen by the Tenerife Tourist Board

We recommend confirming the opening times of establishments

**Location:**

Calle Los Molinos, 27. Buenavista del Norte.

**Tel.:** 922 127 033

**UTM Coordinates:**

28.374556, - 16.852586

**Geographic Coordinates:**

28°22'28.40"N 16°51'9.31"W

### Restaurante La Cabaña

La Cabaña Restaurant offers cuisine based on fish dishes and local Canarian recipes. It is a family-run business and the menu includes wines from the surrounding area.

Establishment chosen by the Tenerife Tourist Board

We recommend confirming the opening times of establishments

**Location:**

Calle El Puerto, 26. Buenavista del Norte.

**Tel.:** 922 127 922

**UTM Coordinates:**

28.371436, -16.851561

**Geographic Coordinates:**

28°22'17.17"N 16°51'5.62"W

### Restaurante Ribamar

The Restaurante Ribamar offers a menu of popular Canarian cuisine with emphasis on local fish. Its proximity to the harbour at Garachico guarantees fresh sea food, mainly caught locally.

Establishment chosen by the Tenerife Tourist Board

**Location:**

Main road Icod – Buenavista, TF-42, km. 12, Las Cruces. Garachico.

**Tel.:** 922 831 311

**UTM Coordinates:**

28.372633, - 16.782172

**Geographic Coordinates:**

28°22'21.48"N, 16°46'55.82"W

## Buenavista del Norte

### Ethnography and nature



### Where to spend the night

#### Albergue de Bólico (Hostel)

As might be expected, the speciality of the "The Fisherman's Restaurant" are fish dishes, although they also serve other tasty dishes of popular Canarian cuisine.

Member of the Club Tenerife Rural

**Location:**

Camino de los Charcos, s/n. Finca de Bólico. Las Portelas. Buenavista del Norte.

**Tel.:** 922 127 334

**UTM Coordinates:**

28.322197, -16.838608

**Geographic Coordinates:**

28°19'19.91"N 16°50'18.99"W

**Further information:**

[www.alberguebolicom.com](http://www.alberguebolicom.com)

#### Casa Rural Las Piedras (country cottage)

Las Piedras country cottage is a single-storey building situated in the Teno Rural Park. It has one double bedroom, combined sitting room and kitchen, a bathroom, a porch and a large terrace. From here there are wonderful views of the Teno massif and of the Island of La Gomera.

Only 20 minutes away there is a golf course and a magnificent beach. Furthermore, the area in which this house stands is ideal to discover the cultural values based on the archaeological importance of the region, with towns and villages that still retain traditional Canarian architecture.

Establishment chosen by the Tenerife Tourist Board

**Location:**

Carrizal Alto, s/n. Buenavista del Norte.

**Tel.:** 670 953 718

**UTM Coordinates:**

28.320975, -16.864267

**Geographic Coordinates:**

28°19'15.51"N, 16°51'51.36"W

#### Finca Casa Amarilla (country cottage)

The Finca Casa Amarilla is situated in the village of La Caleta, in the municipality of Los Silos, in the northwest of the Island of Tenerife. Built in colonial style, the house originates from the XVIIIth century. It has always been in the same family, who even nowadays make the most of it during the summer months.

it has two dining rooms, a television room, terrace, swimming-pool, dressing room and gardens. Just 250 m from the sea and in the middle of a banana plantation, the Finca Casa Amarilla is the perfect place to enjoy a peaceful holiday surrounded by greenery.

Establishment chosen by the Tenerife Tourist Board

**Location:**

La Caleta del Interián. Los Silos.

**Tel.:** 922 840 118

**UTM Coordinates:**

28.373597, -16.797747

**Geographic Coordinates:**

28°22'24.95"N 16°47'51.89"W

**Further information:**

[www.hotelruralcasamarilla.com](http://www.hotelruralcasamarilla.com)

**Buenvista del Norte**  
**Ethnography and nature**



**Where to spend the night**

**Rural Hotel La Quinta Roja**

A former stately home belonging to the Marquises of La Quinta Roja, this hotel preserves all of its lordly appearance enriched by the contemporary design of its interior.

Establishment chosen by the Tenerife Tourist Board

**Location:**

Glorieta de San Francisco, s/n.  
Garachico.

**Tel.:** 922 133 377

**E-mail:**

[hotelquintaroja@quintaroja.com](mailto:hotelquintaroja@quintaroja.com)

**UTM Coordinates:**

28.373428, -16.764325

**Geographic Coordinates:**

28°22'24.34"N 16°45'51.57"W

**Further information:**

[www.quintaroja.com](http://www.quintaroja.com)

**Other establishments to spend the night**

See the following link:

- [www.buenvistadelnorte.com/index.php/mod.pags/mem.detalles/idpag.51/idmenu.131/chk.1d1235ff3b078bf17365a58009fcad1c.html](http://www.buenvistadelnorte.com/index.php/mod.pags/mem.detalles/idpag.51/idmenu.131/chk.1d1235ff3b078bf17365a58009fcad1c.html)